

## Course Information

Semester & Year: Spring 2024

Course ID & Section #1 Psych 1 D7081

Instructor's name: Kady Pomerleau

Course units: 3

## Required Materials

Textbook title: Exploring Psychology

Edition: 10th

Author: Myers & DeWall ISBN:

9781464154072

## Catalog Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

## Course Student Learning Outcomes

1. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology.
2. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
3. Demonstrate critical thinking skills and information competence as applied to psychological topics.
4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

## Educational Accessibility & Support

College of the Redwoods is committed to providing reasonable accommodations for qualified students who could benefit from additional educational support and services. You may qualify if you have a physical, mental, sensory, or intellectual condition which causes you to struggle academically, including but not limited to:

- Mental health conditions such as depression, anxiety, PTSD, bipolar disorder, and ADHD
- Common ailments such as arthritis, asthma, diabetes, autoimmune disorders, and diseases
- Temporary impairments such as a broken bone, recovery from significant surgery, or a pregnancy-related disability
- A learning disability (e.g., dyslexia, reading comprehension), intellectual disability,

- autism, or acquired brain injury
- Vision, hearing, or mobility challenges

Available services include extended test time, quiet testing environments, tutoring, counseling and advising, alternate formats of materials (e.g., audio books, E-texts), assistive technology, on-campus transportation, and more. If you believe you might benefit from disability- or health-related services and accommodations, please contact [Disability Services and Programs for Students \(DSPS\)](#). If you are unsure whether you qualify, please contact DSPS for a consultation: [dsp@redwoods.edu](mailto:dsp@redwoods.edu).

- Eureka: 707-476-4280, Student Services Building, 1st floor
- Del Norte: 707-465-2324, Main Building, near the library
- Klamath-Trinity: 707-476-4280

## Student Support Services

Good information and clear communication about your needs will help you be successful. Please let your instructor know about any specific challenges or technology limitations that might affect your participation in class. College of the Redwoods wants every student to be successful.

## Evaluation & Grading Policy

There is a total of 800 points possible in this course

<b>Assignments</b>
APA style quiz (50pt) 15-Chapter Quizzes (10 pt each/150 total) Midterm (150pt) Final Exam (150pt) 3-Annotated Bibliographies (50 pt each/150 total) Literature Review (150pt)

### Grade Distribution:

A=93%

A-=90-92%

B+=88-89%

B=83-87

B-=80-82%

C+=78 - 79%

C=70 -77%,

D=60 - 69%,

F=59%

### Late Policy

You are expected to submit work weekly while in class. Late work will only be accepted with prior approval from your instructor. If your assignment will be late please notify your instructor in writing. If your request for turning in an assignment late is approved, You will receive a pass to attach to your assignment when you submit it.

## Spring 2024 Dates

January 12	Last day to register for classes (day before the first class meeting)
January 13	Classes begin
January 15	Martin Luther King, Jr.'s Birthday Holiday (District-wide closure)
January 19	Last day to add a class
January 26	Last day to drop without a "W" and receive a refund
January 29	Census Date (20% of class)
February 16	Lincoln's Birthday Holiday (District-wide closure)
February 19	President's Day Holiday (District-wide closure)
March 7	Last day to petition to graduate
March 29	Last day for student initiated withdrawal (62.5% of class)
March 29	Last day for faculty initiated withdrawal (62.5% of class)
March 11-16	Spring break (no classes)
May 4-10	Final Examinations
May 10	Last day to file for P/NP Option
May 10	Semester Ends
May 17	Grades due
May 24	Grades available

## Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods

website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

## Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

## Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

## Assignment Descriptions

### Writing/Research

**APA Style Quiz** 50 points – This quiz will consist of short answer and multiple-choice questions asking you to demonstrate your working knowledge of writing in APA style, properly citing sources, and formatting paragraphs.

**Annotated Bibliography** (50 points each) – In this assignment you will be asked to cite articles in APA format. The Annotated Bibliography form and article to be cited will be provided to you by the instructor.

**Literature Review** (150 points) – In this assignment you will use the same information gathered from the three articles used in the annotated bibliography assignments. However, in this assignment the information will be written in an essay format comparing and contrasting the articles. The finished assignment should be 4-6 pages in length. A sample will be provided to you by your instructor.

### Exams & Quizzes

#### **Midterm** (150 pt)

The midterm exam will include 75 multiple choice questions on chapters 1-7.

#### **Final Exam**(150 pt)

The final exam will include 75 multiple choice questions on chapters 8-15.

**Chapter quizzes** (150 points) Each chapter will have a corresponding quiz consisting of 10 multiple-choice questions. You are welcome and encouraged to write any thoughts, comments or questions you have about the chapter at the end of these quizzes.

## Course Agenda

Week/Dates	Topic	Reading	Assignment Due
Jan 22	Thinking Critically	Chapter 1	Chapter 1 Quiz
Jan 29	The Biology of Behavior APA Style	Chapter 2	Chapter 2 Quiz APA Style Quiz
Feb 5	Consciousness	Chapter 3	Chapter 3 Quiz
Feb 12	Development Annot. Bib. Instructions	Chapter 4	Chapter 4 Quiz
Feb 19	No Class (President's day)		
Feb 26	Sex, Gender, Sexuality	Chapter 5 Literature Article 1	Chapter 5 Quiz Annotated Bibliography 1
Mar 4	Sensation and Perception Learning	Chapter 6 Chapter 7	Chapter 6 Quiz Chapter 7 Quiz
Mar 11- 16	SPRING BREAK		
Mar 18		Review Chapter 1-7 Literature Article 2	Exam (ch. 1-7) Annotated Bibliography 2
Mar 25	Motivation/Emotion Thinking, Language, Intelligence	Chapter 8 Chapter 9	Chapter 8 quiz Chapter 9 Quiz
April 1	No Class (Cesar Chavez Day)		
Apr 8	Memory Stress	Chapter 10 Chapter 11	Chapter 10 Quiz Chapter 11 Quiz
Apr 15	Social Psych Personality	Chapter 12 Chapter 13	Chapter 12 Quiz Chapter 13 Quiz
Apr 22	Psychological disorders	Chapter 14 Literature Article 3	Chapter 14 Quiz Annotated Bibliography 3
Apr 29	Therapy	Chapter 15	Chapter 15 Quiz
May 6		Review Chapters 8-15	Final Exam